Method

- Replication of <u>Petiska, 2023</u>, but with manual coding of Google Scholar citations, as ChatGPT cannot give number of citations (don't know how Petiska managed to make ChatGPT regurgitate Google Scholar citation counts)
- I literally looked up every single reference from ChatGPT in order to manually put every little piece of metadata into a spreadsheet
- Just wanting to provide the data for any curious person out there, so no analyses or results
- Also, I wanted to provide the raw outputs from ChatGPT They're starting at *"#1 Subdiscipline Summaries"* Making this research as open as possible
- All of this took me from April 17th, up until April 26th, and it required a (stable) Internet connection, some nice 2000's R&B and patience to look things up

ChatGPT Prompts

- "Write the 10 most important subdisciplines of psychology"
- "Compose an introduction for a research article (commonly referred to as a "review article") about *Subfield*, ensuring that every statement within the introduction is supported by citations from relevant research articles. Include 25 references in total for this introduction"
- "Provide a list of all the 25 references used"
- "Continue" (used whenever ChatGPT stopped generating the full list of 25 references)

#1 Subdiscipline Summaries

- 1. Clinical Psychology: Clinical psychology is concerned with the diagnosis, treatment, and prevention of mental health disorders.
- 2. Developmental Psychology: Developmental psychology is the study of how individuals develop and change over their lifetime, including cognitive, emotional, and social development.
- 3. Social Psychology: Social psychology is the study of how people think, feel, and behave in social situations, including topics like conformity, obedience, and group dynamics.
- 4. Cognitive Psychology: Cognitive psychology is the study of mental processes, such as perception, attention, memory, and reasoning.
- 5. Neuropsychology: Neuropsychology is the study of how the brain and nervous system relate to behavior, including how brain damage or disease can affect cognitive function.
- 6. Educational Psychology: Educational psychology is the study of how people learn and the application of psychological principles to improve educational practices.
- 7. Forensic Psychology: Forensic psychology is the application of psychology to the legal system, including the assessment and treatment of offenders and the evaluation of eyewitness testimony.
- 8. Industrial-Organizational Psychology: Industrial-organizational psychology is the study of human behavior in the workplace, including employee motivation, job satisfaction, and organizational culture.
- 9. Health Psychology: Health psychology is the study of how psychological factors, such as stress and behavior, can impact physical health and illness.

10. Positive Psychology: Positive psychology is the study of positive emotions, traits, and experiences, with a focus on promoting happiness, well-being, and fulfillment.

#2 Subdiscipline Intros

Clinical Psychology

Clinical psychology is a diverse field that is focused on the diagnosis, assessment, and treatment of mental disorders and emotional distress (APA, 2017). The field of clinical psychology has a rich history that has evolved over time, with roots in both psychology and medicine (Norcross, Hogan, & Koocher, 2008). Clinical psychologists use a range of evidence-based therapies, including cognitive-behavioral therapy, psychodynamic therapy, and interpersonal therapy, to help individuals with mental health concerns (APA, 2017).

Research in clinical psychology has explored the efficacy of various treatments for different mental disorders, including depression, anxiety, and schizophrenia. For example, a meta-analysis of randomized controlled trials found that cognitive-behavioral therapy was an effective treatment for depression, with similar effectiveness to antidepressant medication (Cuijpers, van Straten, Andersson, & van Oppen, 2008). Research has also investigated the use of technology-based interventions, such as internet-delivered cognitive-behavioral therapy, for the treatment of mental health disorders (Andersson et al., 2014).

In addition to treatment research, clinical psychology has also focused on understanding the etiology of mental health disorders. For example, research has explored the role of genetics and environmental factors in the development of anxiety disorders (Smoller et al., 2018). Furthermore, clinical psychologists have contributed to the development of diagnostic criteria for mental health disorders, such as the Diagnostic and Statistical Manual of Mental Disorders (DSM-5) (APA, 2013).

Overall, clinical psychology is a dynamic field with a rich history of research and practice. This review article aims to provide an overview of the current state of research in clinical psychology, including recent advances in the understanding and treatment of mental health disorders.

Developmental Psychology

Developmental psychology is a subfield of psychology that focuses on the growth and change that occurs throughout a person's lifespan. The study of human development has been a prominent topic in psychology for over a century, and research in this field has yielded important insights into how people develop and change over time.

The study of human development can be broken down into several different areas of focus, including physical, cognitive, and social development. Physical development refers to the changes that occur in a person's body, such as changes in height, weight, and muscle mass. Cognitive development, on the other hand, refers to the changes that occur in a person's ability to think, reason, and understand the world around them. Finally, social development refers to the

changes that occur in a person's relationships with others, including their ability to form attachments, develop empathy, and engage in social interactions.

Research in developmental psychology has led to important discoveries about how children learn and develop, and has also informed interventions aimed at promoting healthy development. For example, research has shown that early childhood experiences can have a lasting impact on a person's social and emotional development (1). Additionally, developmental psychology has been used to inform interventions aimed at promoting healthy cognitive development, such as early childhood education programs (2).

One important area of research in developmental psychology has been the study of attachment. Attachment refers to the emotional bond that forms between a child and their caregiver, and research has shown that the quality of this attachment can have important implications for a child's social and emotional development (3). Another area of research has been the study of cognitive development, including how children acquire language and learn to reason about the world around them (4).

Despite the many important discoveries made in the field of developmental psychology, there is still much to learn about how people develop and change over time. Ongoing research in this field has the potential to lead to important insights into the nature of human development, and to inform interventions aimed at promoting healthy development across the lifespan.

Social Psychology

Social psychology is a field that examines the ways in which individuals interact with one another and the broader social context in which they exist. This field has been critical in advancing our understanding of human behavior, by exploring how social factors influence the way we think, feel, and behave towards others. As such, social psychology has broad implications for understanding many social phenomena such as prejudice, group dynamics, and interpersonal communication.

The study of social psychology has a rich history, dating back to the early 20th century when pioneering researchers such as Kurt Lewin began to explore the ways in which group dynamics and social norms influence individual behavior (Lewin, 1936). Over the years, this field has grown to encompass a broad range of topics, from the study of persuasion and attitude change (Petty & Cacioppo, 1986), to the exploration of social identity and the self (Tajfel & Turner, 1986).

One area of social psychology that has garnered considerable attention in recent years is the study of social cognition. This field examines how individuals process and make sense of the social world around them, including the way they perceive, remember, and interpret information about others (Fiske & Taylor, 1991). The study of social cognition has also played an important role in advancing our understanding of how stereotypes and biases shape our perceptions of individuals from different social groups (Devine, 1989).

Another area of social psychology that has been the focus of considerable research is the study of intergroup relations. This field examines the ways in which individuals from different social groups interact with one another, and how these interactions are shaped by social, cognitive, and emotional factors (Tajfel & Turner, 1979). The study of intergroup relations has contributed to our understanding of many social phenomena, including prejudice, discrimination, and conflict resolution (Allport, 1954).

Overall, social psychology has had a profound impact on our understanding of human behavior, by examining the ways in which social factors shape the way we think, feel, and behave towards others. Through the study of topics such as social cognition, intergroup relations, and attitude change, social psychologists have made important contributions to our understanding of many social phenomena, and have helped to inform interventions aimed at promoting positive social change.

Cognitive Psychology

Cognitive psychology is the study of mental processes such as attention, perception, memory, and problem-solving. It seeks to understand how we think, perceive, and understand the world around us. Over the past several decades, cognitive psychology has made significant contributions to our understanding of the human mind and how it works.

One of the fundamental principles of cognitive psychology is that mental processes are information processors. According to this view, the mind can be thought of as a kind of computer that takes in information, processes it, and produces output. This information processing model has been used to explain a wide range of mental processes, including perception, memory, and problem-solving (Miller, 1956; Newell & Simon, 1972).

Perception, for example, involves the brain processing incoming sensory information in order to create a meaningful representation of the world. One influential theory of perception is the feature detection theory, which proposes that the brain processes sensory information in a hierarchical manner, with simple features (such as lines or edges) being detected first and more complex features being built up from these basic elements (Hubel & Wiesel, 1959).

Memory, another key topic in cognitive psychology, involves the encoding, storage, and retrieval of information. Research on memory has identified different types of memory, including sensory memory, short-term memory, and long-term memory (Atkinson & Shiffrin, 1968). One influential theory of long-term memory is the Levels of Processing framework, which suggests that information is more likely to be remembered if it is processed at a deeper level (Craik & Lockhart, 1972).

Problem-solving, another area of interest in cognitive psychology, involves finding solutions to complex or novel problems. The process of problem-solving has been studied extensively in cognitive psychology, with researchers identifying different strategies that people use to solve problems, such as trial-and-error and heuristic-based approaches (Newell & Simon, 1972; Gick & Holyoak, 1980).

Cognitive psychology has also made significant contributions to our understanding of language and its acquisition. For example, Chomsky's theory of generative grammar proposes that humans have an innate ability to understand and produce language, which is distinct from other cognitive abilities (Chomsky, 1957).

In summary, cognitive psychology is a broad and multifaceted field that seeks to understand the fundamental processes of the human mind. By studying how people think, perceive, and understand the world around them, cognitive psychologists aim to gain insights into the workings of the human brain and how we interact with our environment.

Neuropsychology

Neuropsychology is a rapidly growing field that focuses on the relationship between the brain and behavior. This interdisciplinary area of research combines principles from neuroscience, psychology, and clinical medicine to investigate how brain function and structure impact cognitive, emotional, and behavioral processes (Butler, 2020; Lezak et al., 2012; Nadel & Sinnott-Armstrong, 2019).

The study of neuropsychology has expanded our understanding of various neurological disorders, including Alzheimer's disease, traumatic brain injury, and stroke. It has also helped us to identify the neural underpinnings of normal cognitive functions, such as attention, memory, language, and perception (Kandel et al., 2013; Lezak et al., 2012; Price & Friston, 2002).

One area of focus in neuropsychology is the study of brain plasticity, or the brain's ability to change and adapt in response to environmental demands (Kolb & Whishaw, 2014; Merzenich et al., 2014). Recent research has shown that even in adulthood, the brain is capable of changing its structure and function in response to experience, learning, and rehabilitation (Draganski & May, 2008; Merzenich et al., 2014; Takeuchi & Izumi, 2013).

Another key area of study in neuropsychology is the relationship between brain activity and behavior. Advances in neuroimaging techniques, such as functional magnetic resonance imaging (fMRI), have allowed researchers to explore the neural correlates of cognitive processes and behaviors, providing new insights into the organization of the human brain (Buckner & Krienen, 2013; Price & Friston, 2002; Wandell & Smirnakis, 2009).

Despite the progress made in the field of neuropsychology, many questions remain unanswered, such as how different brain regions work together to support complex behaviors and how individual differences in brain structure and function impact cognitive and emotional processes (Buckner & Krienen, 2013; Kandel et al., 2013; Price & Friston, 2002). The exploration of these questions is essential for advancing our understanding of the brain-behavior relationship and for developing effective treatments for neurological and psychiatric disorders.

Educational Psychology

Educational psychology is a branch of psychology that studies human learning, development, and motivation in educational settings. It is concerned with understanding how individuals

acquire knowledge, skills, and attitudes, and how they can be best taught and assessed. This field has a rich history of research that has contributed significantly to our understanding of how people learn and how we can improve educational practices to facilitate effective learning outcomes.

One of the primary areas of focus in educational psychology is on learning theories. Researchers have explored various theories, including behaviorism, cognitive constructivism, social constructivism, and socio-cultural theory, to understand how individuals learn and how teachers can facilitate learning. Behaviorism, for example, emphasizes the role of reinforcement and punishment in shaping behavior, while cognitive constructivism highlights the importance of active learning and problem-solving. Social constructivism, on the other hand, emphasizes the social and cultural context in which learning takes place, while socio-cultural theory focuses on how culture and social interactions shape learning.

In addition to learning theories, educational psychologists have also investigated the role of motivation in learning. Researchers have explored various motivational theories, including self-determination theory, achievement goal theory, and social cognitive theory, to understand how motivation affects learning outcomes. Self-determination theory, for example, emphasizes the importance of autonomy, competence, and relatedness in fostering intrinsic motivation, while achievement goal theory highlights the role of mastery and performance goals in shaping motivation.

Another important area of research in educational psychology is on assessment and evaluation. Researchers have explored various assessment techniques, including formative assessment, summative assessment, and authentic assessment, to determine how best to evaluate learning outcomes. Formative assessment, for example, emphasizes the importance of ongoing feedback to improve learning outcomes, while authentic assessment highlights the role of real-world tasks and contexts in evaluating learning.

Finally, educational psychology has also contributed significantly to our understanding of individual differences in learning. Researchers have explored various factors that influence learning, including intelligence, aptitude, learning styles, and motivation. For example, research has shown that individuals with higher levels of intelligence tend to have better learning outcomes, while individuals with different learning styles may benefit from different teaching strategies.

Overall, educational psychology is a broad and diverse field that has contributed significantly to our understanding of how people learn and how we can improve educational practices to facilitate effective learning outcomes. By exploring various learning theories, motivational theories, assessment techniques, and individual differences, educational psychologists have provided valuable insights into how we can optimize teaching and learning practices to promote successful outcomes for learners.

Forensic Psychology

Forensic Psychology is a field of study that applies psychological principles and methods to understand and address legal issues and criminal behavior (Bartol & Bartol, 2020). This interdisciplinary field encompasses a wide range of topics, including criminal profiling (Turvey, 2017), eyewitness testimony (Loftus & Palmer, 1974), and the evaluation of mental competency (Rogers & Shuman, 2000). The importance of forensic psychology has increased in recent years due to the growing need for expert testimony in court proceedings (Bersoff, 1999).

One area of research within forensic psychology is the assessment of risk for violence and recidivism among criminal offenders. This area has been the subject of much debate and research, with some studies suggesting that structured risk assessments are effective in predicting violent behavior (Monahan, 1981), while others have found little to no predictive validity (Quinsey et al., 1998). Additionally, research has shown that specific risk factors, such as psychopathy and substance abuse, are strongly associated with violent behavior (Hare, 2003; Swanson et al., 2006).

Another important area of research in forensic psychology is the phenomenon of false confessions. False confessions occur when an individual confesses to a crime that they did not commit, and can be the result of a variety of factors, including coercion, suggestibility, and mental illness (Kassin & Gudjonsson, 2004). Research has shown that false confessions are more likely to occur in high-pressure interrogation situations (Leo, 1996) and that juveniles and individuals with intellectual disabilities are particularly vulnerable to making false confessions (Redlich et al., 2010).

In recent years, there has also been growing interest in the use of neuroscience in forensic psychology. Advances in brain imaging technology have allowed researchers to better understand the neural correlates of criminal behavior and to develop more accurate assessments of mental states, such as deception (Ganis et al., 2011). Additionally, research has shown that neurobiological factors, such as abnormalities in the prefrontal cortex, are associated with criminal behavior (Raine, 2013).

In conclusion, forensic psychology is a multifaceted field that has important implications for the legal system. Research in this area has provided insight into topics such as risk assessment, false confessions, and the neural correlates of criminal behavior. As the field continues to evolve, it is important for researchers to explore new avenues of inquiry and to integrate advances in technology and methodology into their work.

Industrial-Organizational Psychology

Industrial-Organizational Psychology (I-O Psychology) is a field of study that explores the behavior of individuals and groups in the workplace. It aims to improve productivity, job satisfaction, and overall organizational effectiveness by applying psychological principles and techniques (Spector, 2012). According to a study by Schneider, Hanges, Smith, and Salvaggio (2003), I-O Psychology is one of the fastest-growing fields in psychology, with a projected growth rate of 26% between 2002 and 2012.

One of the primary focuses of I-O Psychology is employee selection, which involves identifying individuals who possess the necessary skills and abilities to perform a job effectively (Goffin & Rothstein, 2016). Research has shown that using multiple selection methods, such as cognitive ability tests, personality assessments, and work sample tests, can increase the validity and fairness of employee selection (Schmidt & Hunter, 1998).

In addition to selection, I-O Psychology also examines the impact of job characteristics on employee well-being and job performance. Research has shown that job demands, such as workload and time pressure, can lead to negative outcomes, such as stress and burnout (Bakker & Demerouti, 2007). However, job resources, such as social support and autonomy, can buffer the negative effects of job demands and enhance employee well-being (Bakker, Demerouti, & Schaufeli, 2005).

I-O Psychology also focuses on leadership and its impact on employee outcomes. Transformational leadership, which involves inspiring and motivating employees to achieve their full potential, has been associated with higher job satisfaction and performance (Bass & Riggio, 2006). In contrast, abusive supervision, which involves the use of bullying and other forms of mistreatment, has been linked to negative outcomes, such as decreased job satisfaction and increased turnover (Tepper, 2000).

Finally, I-O Psychology also explores the impact of diversity and inclusion in the workplace. Research has shown that diversity can lead to positive outcomes, such as increased creativity and innovation (Harrison & Klein, 2007). However, diversity can also lead to conflict and other negative outcomes if not managed effectively (Cox, 1994).

In conclusion, I-O Psychology is a rapidly growing field that seeks to improve organizational effectiveness by applying psychological principles and techniques to the workplace. This review article will provide an overview of the current state of research in I-O Psychology, with a focus on employee selection, job characteristics, leadership, and diversity.

Health Psychology

Health psychology is an interdisciplinary field that focuses on the interaction between psychological factors and physical health. The field encompasses a range of topics, including the prevention and management of chronic illnesses, health behaviors, and the psychological factors that influence health outcomes. Health psychologists aim to understand how psychological factors, such as stress, emotions, and beliefs, can affect the onset and course of physical illnesses (Barrera et al., 2015; Chesney & Folkman, 1994; Taylor, 2015).

Research has shown that psychological factors play a crucial role in the development and maintenance of physical health. For instance, negative emotions, such as depression and anxiety, have been associated with an increased risk of cardiovascular disease (Carney & Freedland, 2017; Halaris, 2013; Lichtman et al., 2008), while positive emotions, such as optimism and resilience, have been linked to better physical health outcomes (Boehm & Kubzansky, 2012; Tindle et al., 2012; Tugade & Fredrickson, 2004).

Health behaviors, such as smoking, exercise, and diet, also play a significant role in physical health. Health psychologists have identified various factors that influence these behaviors, including social norms, self-efficacy, and motivation (Bandura, 2004; Dweck, 2017; Gollwitzer & Sheeran, 2006). Additionally, research has shown that interventions that target these factors can be effective in promoting positive health behaviors (Michie et al., 2011; Prochaska & Velicer, 1997; Webb & Sheeran, 2006).

The field of health psychology has also contributed to the development of interventions that target the psychological factors that influence health outcomes. For instance, cognitivebehavioral therapy has been shown to be effective in treating a range of physical illnesses, including chronic pain, irritable bowel syndrome, and diabetes (Eccleston & Crombez, 2007; Lackner et al., 2014; Lustman et al., 2000). Mindfulness-based interventions have also been shown to improve physical health outcomes, such as reducing symptoms of chronic pain and improving immune function (Black et al., 2015; Garland et al., 2015; Grossman et al., 2004).

Overall, the field of health psychology has made significant contributions to our understanding of the interaction between psychological factors and physical health. By identifying the psychological factors that influence health outcomes, health psychologists have developed interventions that can improve physical health outcomes and reduce the burden of chronic illnesses.

Positive Psychology

Positive Psychology is a rapidly growing field of study that focuses on human strengths, flourishing, and well-being, rather than on psychopathology and dysfunction. Over the past few decades, there has been a surge of interest in positive psychology research, and a growing body of literature has emerged on this topic. This review article aims to provide an overview of the key findings and current trends in positive psychology research, drawing on a wide range of relevant studies.

Research has consistently shown that positive emotions, such as joy, gratitude, and hope, have numerous benefits for individuals' physical and mental health (Fredrickson, 2001; Seligman et al., 2005; Lyubomirsky et al., 2005). In addition, research suggests that positive emotions can increase resilience, foster positive relationships, and enhance overall life satisfaction (Folkman & Moskowitz, 2000; Diener et al., 2009; Kashdan & Rottenberg, 2010).

One important area of positive psychology research focuses on character strengths and virtues, which are defined as positive traits that are valued by individuals and cultures (Peterson & Seligman, 2004). Research has found that individuals who use their character strengths in their daily lives experience greater well-being and life satisfaction (Park et al., 2004; Wood et al., 2011). Furthermore, interventions that help individuals identify and use their character strengths have been found to increase happiness, resilience, and overall well-being (Seligman et al., 2005; Proyer et al., 2015).

Positive psychology research has also investigated the role of positive relationships in promoting well-being. Studies have found that social support and positive social interactions are associated

with numerous benefits, such as increased longevity, better physical health, and greater life satisfaction (Uchino et al., 1996; Ryff & Singer, 2008; Helliwell & Putnam, 2004). Additionally, interventions that promote positive social connections have been found to reduce stress, anxiety, and depression (Cohen & Wills, 1985; Kawachi et al., 1997; Cacioppo & Hawkley, 2003).

Another important area of positive psychology research focuses on the role of mindfulness in promoting well-being. Mindfulness is defined as the ability to be fully present and engaged in the current moment, without judgment or distraction (Kabat-Zinn, 1990). Research has found that mindfulness-based interventions can increase well-being, reduce stress and anxiety, and improve cognitive functioning (Baer et al., 2006; Creswell et al., 2015; Davidson et al., 2003).

In summary, positive psychology research has identified numerous factors that promote wellbeing and flourishing, including positive emotions, character strengths, positive relationships, and mindfulness. The findings from this research have important implications for individuals, organizations, and society as a whole, and highlight the importance of promoting positive factors to enhance well-being and quality of life.

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